



BALTIC CUP

Polish Optimist Dinghy Association

International Championship

Dziwnów, 13th – 15th September 2024

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 RRS Appendix P, Special Procedures for Rule 42, will apply.
- 1.3 RRS Appendix T, Arbitration, will apply.
- 1.4 Polish Optimist Dinghy Association Regulations will apply.
- 1.5 In all rules governing this regatta:
[NP] denotes a rule that shall not be grounds for protest by a boat. This changes RRS 60.1(a).

2. COMMUNICATIONS WITH COMPETITORS

- 2.1 Notices to competitors will be posted on the official online notice board at:
<https://www.upwind24.pl/regatta/baltic-cup-miedzynarodowe-mistrzostwa-psko-2024/notice-board>
- 2.2 An additional form of information for the support persons will be whatsapp group which can be joined by the following link: <https://chat.whatsapp.com/B6IBXLPX28BLhGqywR4D8o>
- 2.3 Signals ashore will be displayed at signal mast in Port Jachtowy Dziwnów.
- 2.4 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' (90 minutes for racing area „Bravo”). This changes signal AP in Race Signals.
- 2.5 [DP] Flag D displayed ashore with one sound means 'The warning signal will be made not less than 60 minutes (90 minutes for racing area „Bravo”) after flag D is displayed.' Boats shall not leave their berth until this signal is made. Flag D will be displayed together with a race area flag as per SI 7.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted not later than 90 minutes before the race from which it will take effect, except of any change to the format or schedule of the races which will be posted by 2000 on the day before it will take effect.

4. FORMAT OF RACING

- 4.1 The regatta consists of a qualifying series and a final series. Boats are required to carry appropriate ribbons on top of their sprits as per SI 6 [NP][DP].
- 4.2 Boats will be assigned to fleets as provided in rule 39 of PSKO regulations. Fleet assignment for second and third day will be posted no later than on 0900 that day.
- 4.3 **Qualifying series**
 - 4.3.1 Boats will be reassigned to fleets after each day of racing, except if on the first day only one race is completed. If all fleets have completed the same number of races, boats will be reassigned on the basis of their ranks in the series. If both fleets have not completed the same number of races, the series scores for reassignment will be calculated for those races, numbered in order of completion, completed by all fleets.

- 4.3.2 If all fleets have not completed the same number of races by the end of a day, the fleets with fewer races will continue racing the following day until all fleets have completed the same number of races. All boats will thereafter race in the new fleets.
- 4.3.3 If at the end of the qualifying series some qualifying series fleets have more race scores than others, any extra races will be abandoned so that all boats in the qualifying series have the same number of race scores.
- 4.4 **Final series**
- 4.4.1 On the last day of regatta a final series will be scheduled provided four or more qualifying series races has been completed.
- 4.4.2 Boats will be assigned to the gold, silver and bronze fleets on the basis of their ranks in the qualifying series.
- 4.4.3 The boats competing in the gold fleet shall be scored higher in the regatta than boats competing in the silver fleet and so on. This may not apply to a boat disqualified under RRS 4, 6 or 69.

5. SCHEDULE OF RACES

- 5.1 11 races are scheduled:

| Date | No of races | First warning signal |
|-------|----------------|----------------------|
| 13.09 | 4 (qualifiers) | 1130 |
| 14.09 | 4 (qualifiers) | 1100 |
| 15.09 | 3 (finals) | 1100 |

- 5.2 Races not sailed on the scheduled day may be sailed on following days at the discretion of the race committee.
- 5.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 5.4 On the last scheduled day of racing, no warning signal will be made after 1400.

6. CLASS FLAGS AND IDENTIFICATION

| Fleet | Identification - ribbon | Class flag |
|---------------|-------------------------|-------------|
| Yellow/Gold | Yellow | Yellow flag |
| Blue/Silver | Blue | Blue flag |
| Red/Bronze | Red | Red flag |
| Green/Emerald | Green | Green flag |

7. RACING AREAS

The racing areas are shown in SI Addendum 2. In order to inform boats which race area is to be used code flag "Alpha" or "Bravo" will be displayed together with flag D as per SI 2.5.

8. THE COURSE

The diagram in SI Addendum 1 shows the course, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9. MARKS

- 9.1 Marks 1, 2, 3S and 3P will be yellow inflatable cylindrical buoys.
- 9.2 The starting line marks will be race committee vessels.
- 9.3 The finishing line marks will be a race committee vessel on the starboard end and a staff buoy with the blue flag on the port end.
- 9.4 The waiting area windward boundary will be designated by grey with orange stripe inflatable cylinders.

10. THE START

- 10.1 The starting line will be between staffs displaying orange flags on starting line marks.
- 10.2 [DP] When the warning signal for the fleet has been made, boats from the other fleets shall be in the waiting area. Boats may approach the starting line after the starting signal of the previous fleet.
- 10.3 A boat starting later than 2 minutes after her starting signal will be scored DNS. This changes RRS A4 and A5.

11. THE FINISH

The finishing line will be between staff displaying blue flag on finishing vessel and a finishing line mark.

12. PENALTIES

Penalties for breaches of SIs marked [DP], class rules or RRS Appendix G are at the discretion of the protest committee and may be less than disqualification.

13. TIME LIMIT AND TARGET TIME

- 13.1 Following time limits and target times apply:

| Time limit | Mark 1 time limit | Target time |
|------------|-------------------|-------------|
| 75 min | 25 min | 45 min |

- 13.2 If no boat rounds Mark 1 within the Mark 1 time limit, the race committee shall abandon the race. Failure to meet the target time is not a ground for redress. This changes 62.1(a).
- 13.3 Boats that do not finish within 15 minutes after the first boat from their fleet sails the race according to RRS 28, will be scored Did Not Finish. This changes RRS 35, A4 and A5.

14. HEARING REQUESTS

- 14.1 A boat intending to protest shall inform the Race Committee at the finishing line immediately after finishing, of the boat/s being protested. This changes 61.1(a).
- 14.2 Hearing requests are available on-line at event web-site (Jury tab):
<https://www.upwind24.pl/regatta/baltic-cup-miedzynarodowe-mistrzostwa-psko-2024> Protests and requests for redress or reopening shall be delivered online within the appropriate time limit. This changes RRS 61.2 and 62.2.
- 14.3 For each fleet, the protest time limit is 60 minutes (90 minutes for racing area „Bravo”) after the last boat has finished the last race of the day or the race committee has displayed AP or N over A.
- 14.4 Hearing schedule will be posted at event web-site as soon as practicable to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the Jury Office at Marina building beginning at the time posted.
- 14.5 A list of boats that have been penalized under Appendix P for breaking RRS 42 will be posted at event web-site.
- 14.6 On the last day of the series, a request for reopening a hearing shall be delivered:
 - a) within the protest time limit if the requesting party was informed of the decision on the previous day;
 - b) no later than 30 minutes after the requesting party was informed of the decision on that day.This changes RRS 66.
- 14.7 On the last day of the series, a request for redress based on a jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

15. SCORING

- 15.1 Three races are required to be completed to constitute a regatta.
- 15.2 When less than four races have been completed, a boat's series score will be the total of her race scores.
- 15.3 When four or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 15.4 RRS A4.2 is changed so that the scores in qualifying series are based on the number of boats assigned to the largest fleet.

15.5 To request correction of an alleged error in the posted races or series results, a boat shall complete and deliver to race office a scoring enquiry form.

16. SAFETY REGULATIONS [NP] [DP]

16.1 A boat retiring from a race shall notify a race committee or safety boat as soon as possible.

16.2 Boats not leaving the harbour for a scheduled race shall promptly notify the Race Office.

16.3 Each support person shall check out all his athletes intending to race each day and check in all his athletes returned ashore by signing checklist issued by OA in front of the race office. Check out shall be done before going afloat and check in shall be done after coming back ashore within protest time limit or 60 minutes after AP/H, N/H, AP/A and N/A has been displayed afloat. All team members may be penalised at the discretion of the PC for each race of the day on which support person failed to comply with this instruction. This changes RRS 63.1 and 64.4(b).

16.4 Competitors who require assistance shall blow a whistle or wave the paddle or one arm. The Race Committee reserves the right to assist competitors who in their opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for redress. This changes RRS 62.1(a).

16.5 For the purpose of RRS 37 Race Committee VHF Channel is 72

17. REPLACEMENT OF EQUIPMENT [DP]

Substitution of damaged or lost equipment will not be allowed unless approved by the Technical Committee. Requests for substitution shall be made to the Technical Committee at the first reasonable opportunity.

18. EQUIPMENT AND MEASUREMENT CHECKS [NP][DP]

A boat or equipment may be inspected at any time for compliance with the Class Rules, the Notice of Race or the Sailing Instructions.

19. OFFICIAL BOATS

Official boats will be marked as follows:

- White flag with letter "J" – protest committee;
- White flag with letter "RC" – race committee;
- White flag with letter "M" – technical committee.

20. SUPPORT BOATS [NP][DP]

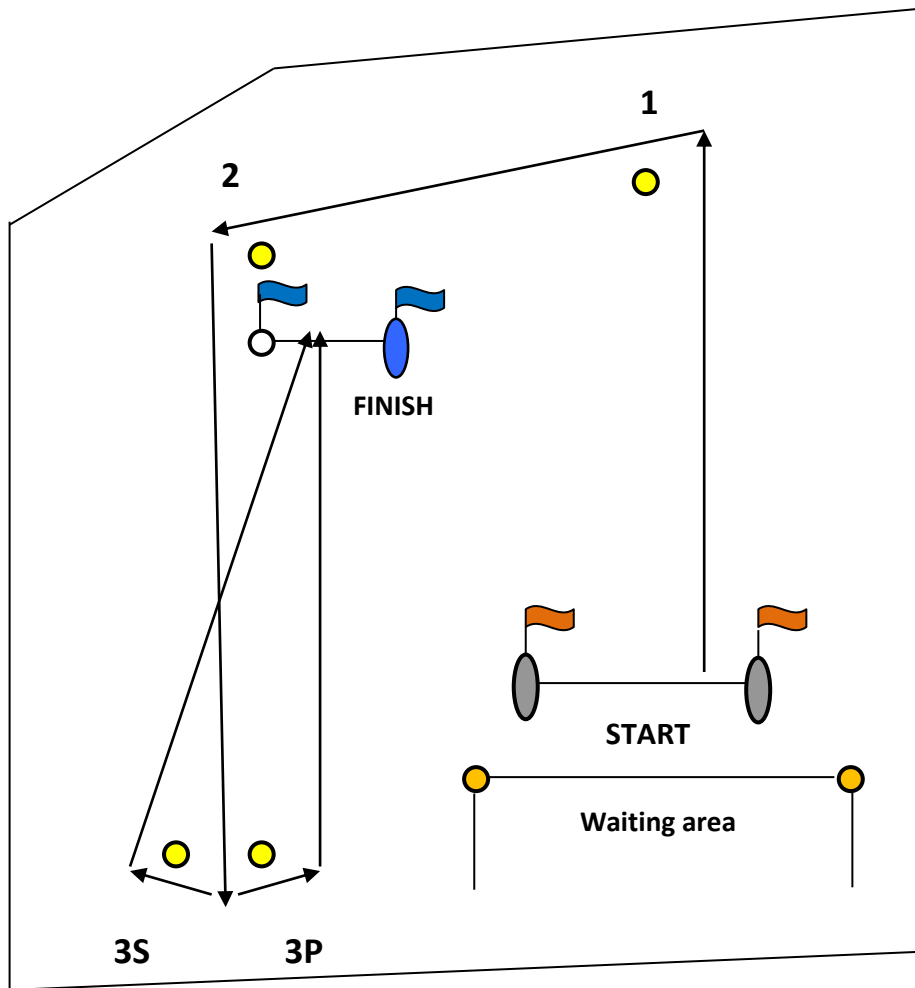
20.1 Team Leaders, Coaches and other support personnel shall stay outside the area where boats are racing, not closer than 75 from any boat racing, from the time the preparatory signal is displayed for the first fleet until all boats of all fleets have finished or the Race Committee signal a postponement or abandonment for all fleets.

20.2 In addition, support boats that are motoring above 5 knots shall remain at least 150 meters from any boat racing.

20.3 Support boats shall comply with any reasonable request from a regatta official.

20.4 When RRS 40.1 applies each support person shall wear a personal flotation device. This changes RRS 40.

ADDENDUM 1 – THE COURSE



Rounding order: **START – 1 – 2 – 3S/3P – FINISH**

ADDENDUM 2 – RACING AREAS

